

VAX

vaccinate your baby

- Vaccination is the most effective protection.
- Just because your baby is vaccinated doesn't mean they are fully protected. Vaccination only covers the most common strains. So, know the signs and symptoms!

Vaccination Schedule for Meningitis

Age	Type of Vaccination
2 Months	<ul style="list-style-type: none">• Haemophilus influenza type B (Hib)• Pneumococcal• Meningococcal B - Aboriginal and Torres Strait Islander (ATSI)
4 Months	<ul style="list-style-type: none">• Hib• Pneumococcal• Meningococcal B - ATSI only
6 Months	<ul style="list-style-type: none">• Hib• Pneumococcal - ATSI only
12 Months	<ul style="list-style-type: none">• Meningococcal ACWY• Pneumococcal• Meningococcal B - ATSI only
18 Months	<ul style="list-style-type: none">• Hib

These vaccinations are provided for free for your baby.

- If your baby is attending day care and is less than 12 months old, there are other vaccination plans available. Talk to your GP.



"As a parent who watched their child go through this, I can guarantee no child deserves this and no parent would want to live through it" - Noelene

"Your instinct is your best tool as a parent, as a quick response saves lives and improves outcomes" - Cooper's mum

**Every
Second
Counts!**

For further information visit:
www.meningitis.com.au



**MENINGITIS
CENTRE
AUSTRALIA**



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**MENINGITIS
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Meningitis and Meningococcal What Every New Parent Needs to Know

**#KNOW.
ACT. VAX.**



www.meningitis.com.au

Meningitis, Meningococcal and Pneumococcal are VERY SERIOUS diseases.

Babies are at a high risk as they are not fully immunised yet and don't have a natural immunity. It's important as a new parent that you can recognise the signs and symptoms and ACT immediately if you suspect Meningitis, Meningococcal or Pneumococcal, because Every Second Counts!



1 in 10 people who contract these diseases will die



1 in 5 survivors will have permanent disabilities such as brain damage, loss of limbs or deafness

"I wish I had known that there were so many strains of pneumococcus not covered by the pneumococcal vaccine. I wish I had known the signs and symptoms that the doctors didn't recognise... And I so desperately wish Mabel was still here in my arms" - Carly



KNOW the Signs and Symptoms



High Fever



Vomiting



Tired/Difficulty Waking



Pale Blotchy Skin/Rash



Blank / Staring / Dislikes Handling



Sensitivity to Light



Cold Hands and Feet



Stiff Neck/Jerky Movements



Refusal to Eat



Rapid Breathing/ Grunting



High Pitched Cry, Bulging Soft Spot on Head

- Meningitis can kill within 24 hours. The time between the first symptom and your baby being in a critical condition may only be a few hours.
- Every case is different. Babies will often show signs in a different order, or some not at all, so you need to be on the lookout for all of them- check your fridge magnet!

ACT immediately

- Symptoms develop and deteriorate quickly so ACT as soon as you feel something is wrong.
- **Go straight to your GP or the hospital and ask them directly- 'could it be Meningitis, Meningococcal or Pneumococcal?'**
- Don't wait for a rash to appear on your baby. While it is often the most well-known symptom, it is not always the first or may not appear at all.
- Trust your instincts as a parent. You know your child better than anyone else. If your baby gets worse, even after seeing a doctor, return to the hospital immediately. Every second counts!

Every Second Counts!

