## **VAX**

### vaccinate your baby

- Vaccination is the most effective protection.
- Just because your baby is vaccinated doesn't mean they are fully protected.
   Vaccination only covers the most common strains. So, know the signs and symptoms!

#### **Vaccination Schedule for Meningitis**

Age	Type of Vaccination
2 Months	<ul> <li>Haemophilus influenza type B (Hib)</li> <li>Pneumococcal</li> <li>Meningococcal B - Aboriginal and Torres Strait Islander (ATSI)</li> </ul>
4 Months	<ul><li> Hib</li><li> Pneumococcal</li><li> Meningococcal B - ATSI only</li></ul>
6 Months	<ul><li> Hib</li><li> Pneumococcal - ATSI only</li></ul>
12 Months	<ul><li>Meningococcal ACWY</li><li>Pneumococcal</li><li>Meningococcal B - ATSI only</li></ul>
18 Months	• Hib

These vaccinations are provided for free for your baby.

 Meningococcal B is on the rise! In SA and QLD this vaccination is provided free at 6 weeks, 4 and 12 months. If you live in other states, we urge you to speak with your GP about this lifesaving vaccination for your baby.



"As a parent who watched their child go through this, I can guarantee no child deserves this and no parent would want to live through it" – Noelene

"Your instinct is your best tool as a parent, as a quick response saves lives and improves outcomes"- Cooper's mum

> Every Second Counts!

For further information visit: www.meningitis.com.au





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  11 Aberdare Road,
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Meningitis, Pneumococcal and Meningococcal
What Every New Parent
Needs to Know

**#KNOW** ACTVAX







# Meningitis, Meningococcal and Pneumococcal are VERY SERIOUS diseases.

Babies are at a high risk as they are not fully immunised yet and don't have a natural immunity. It's important as a new parent that you can recognise the signs and symptoms and ACT immediately if you suspect Meningitis, Meningococcal or Pneumococcal, because Every Second Counts!



1 in 10 people who contract these diseases will die



1 in 4 survivors will have permanent disabilities such as brain damage, loss of limbs or deafness

"I wish I had known that there were so many strains of pneumococcus not covered by the pneumococcal vaccine. I wish I had known the signs and symptoms that the doctors didn't recognise... And I so desperately wish Mabel was still here in my arms" - Carly



# KNOW the Signs and Symptoms



**High Fever** 



Vomiting



Tired/Difficulty Waking



Pale Blotchy Skin/Rash



Blank / Staring / Dislikes Handling



Sensitivity to Light



Cold Hands and Feet



Stiff Neck/Jerky
Movements



Refusal to Eat



Rapid Breathing/ Grunting



High Pitched Cry, Bulging Soft Spot on Head

- Meningitis can kill within 24 hours. The time between the first symptom and your baby being in a critical condition may only be a few hours.
- Every case is different. Babies will often show signs in a different order, or some not at all, so you need to be on the lookout for all of them- check your fridge magnet!

## **ACT** immediately

- Symptoms develop and deteriorate quickly so ACT as soon as you feel something is wrong.
- Go straight to your GP or the hospital and ask them directly- 'could it be Meningitis, Meningococcal or Pneumococcal?'
- Don't wait for a rash to appear on your baby. While it is often the most well– known symptom, it is not always the first or may not appear at all.
- Trust your instincts as a parent. You know your child better than anyone else. If your baby gets worse, even after seeing a doctor, return to the hospital immediately. Every second counts!

